



Code of Conduct for Families and Supporters

At Elmbridge Canoe Club, we must do our best to ensure the safety, well being, personal and sporting development of all of our members, especially as a large proportion of these members are young people.

All families and supporters are to adhere to the following code of conduct at all times:

- Please do not allow your child to train when they are unwell or overtired.
- Ensure your child has eaten and had a drink before training (breakfast before morning training and a snack between school and evening training).
- Juniors should be appropriately clothed before, during and after training. A complete change of clothes should be brought for after water training, on every occasion, and a warm coat/fleece/jumper to wear when leaving the club.
- Ensure your child arrives on time for training sessions. Parents should drop off and collect children at the clubhouse. Avoid dropping them off or collecting them in the car park, especially when it is dark.
- Ensure coaches are aware of any special considerations that may apply to your child (fears, phobias, allergies etc).
- Elmbridge Canoe Club supplies all necessary equipment in the early stages of paddling. Liaise with your child's coach if you are intending on purchasing any equipment.
- Junior athletes may only paddle in coach-led groups and only use gym equipment with coach supervision. They must follow the instructions of their coach at all times.
- Liaise regularly with your child's coach to be informed of progress and updates.
- Inform your child's coach of any long absences, such as holidays.
- Please check with your child that they have put their equipment away before they leave.
- Report any concerns that occur (however trivial) as soon as possible to your child's coach or the ECC Welfare Officer - Letitia Mackie welfare@elmbridgecanoeclub.com).
- Encourage your child to be the best they can be. Although your child will find themselves training/racing in competitive environments, the club vision is based on inclusivity and self improvement at whatever rate is natural to each individual.
- All members/supporters are required to use appropriate language and contribute to a positive environment at the club, at events and at club socials.
- Be responsible and respectful about the club when using social media – think before you post!
- Come into the clubhouse, read the notice boards, chat to other parents and members. Feel free to join in and help where you can. (We are all volunteers: your help will be gratefully received!)

In order to maintain a positive, safe and inclusive environment, it may at times be necessary to address behaviour that is not in line with this code of conduct. Appropriate action may then be taken, which might involve an informal resolution, educational interventions, or disciplinary action in line with our policies and procedures.